

Le SPA

Le SPA

& TREATMENTS



WARM WELCOME TO LE SPA HAMBURG

Experience pure relaxation at Le SPA Hamburg and explore a selection of treatments, soothing massages, and fragrant peels. Relaxing body wraps, as well as individual and innovative facial treatments, help you unwind and relax. Each treatment is tailored to your personal needs so you can feel as special as you are.



LET GO, DIVE IN + BE.

- Holistic treatments from head to toe
- Sauna and steam bath
- 450 m² indoor pool
- 24-hour fitness area with cardio and strength equipment
- Complimentary beverage station with detox water and tea

RELAXATION FOR BODY AND SOUL



BACK-NECK-SHOULDER MASSAGE

This massage releases tension and promotes muscle regeneration, activation, and circulation. Warm and nourishing oils harmonize and enhance well-being.

35 min. € 50

LOMI LOMI MASSAGE

Experience a Hawaiian massage with flowing movements for your entire body.

80 min. € 120

FULL-BODY HONEY MASSAGE

During this massage, your body detoxifies through the use of honey, oil, and salt.

45 min. € 70

65 min. € 140

FULL BODY AROMA OIL MASSAGE

Our Damask Rose Massage with shea butter and rose oil offers you a calming experience.

45 min. € 60

65 min. € 80

SOOTHING EAR CANDLE MASSAGE

Relax and recharge with a traditional ear candle ceremony. This massage revitalizes the entire body and provides support for congestion, headaches, and more.

35 min. € 45

CANDLE MASSAGE

This massage indulges both body and mind alike. It utilizes a specially formulated massage candle made from a blend of skin-friendly wax, precious oils, and fragrant essences.

35 min. € 55

HOT-STONE THERAPY

Enjoy a full-body massage with relaxing and revitalizing warmth through the application of massage stones. Black basalt stones of volcanic origin are heated to 50-60°C and placed on the body. Subsequently, the body areas are uncovered and gently rubbed and massaged with warm oil.

65 min. € 90

95 min. € 120

AYURVEDIC MASSAGE

Experience a full-body massage with warm oils to detoxify your body.

65 min. € 90

95 min. € 120

A JOURNEY OF RELAXATION

BODY WRAPS

Gently enveloped and wrapped in nourishing creams and oils - a body wrap is among the most popular wellness treatments. The effects vary depending on the products and ingredients used in each package:

Honey Mask	40 min. € 59
Rassoul Rose an Geranium	40 min. € 59
Exfoliating Salts	40 min. € 59
Moor	40 min. € 59

THE AYURVEDIC SCRUB

Body Scrub with argan oil, apricot, and ginger

35 min. € 60

RELAXING HAMMAM RITUAL

Steam bath / Sauna followed by a body scrub with black olives, eucalyptus, and traditional Hammam Kessa Glove

35 min. € 60

THE DARJEELING DETOX SCRUB

Detox Body Scrub with Green Tea and Ginger

35 min. € 60

PERSONAL TIMEOUT

MICRODERMABRASION

Microdermabrasion gently exfoliates the skin, reducing fine lines, age spots, and acne scars. It promotes a smoother, more even complexion and enhances the effectiveness of skincare products, leaving your skin looking refreshed and rejuvenated.

from € 40

ULTRASOUND

An advanced procedure for rejuvenating and tightening the skin. Reduces fine lines and sagging. For a firmer, youthful, and radiant complexion. Includes cleansing, ultrasound therapy with premium active ingredients, and a soothing massage.

from € 45

MEDICAL MICRO NEEDLING / HYALURON BOOSTER

The intensely effective hyaluronic acids counteract the aging process holistically. Combined with premium active ingredients, fine lines are plumped and the skin is tightened. Includes micro needling, mask, and massage.

from € 45

FRUIT ACID

This acid treatment opens the pores and intercellular spaces of the uppermost layer of the skin, facilitating the absorption of active ingredients.

from € 45

HAIR SOLOUTION WITH G. PROF

This advanced hair solution treatment deeply cleanses the scalp and enhances the absorption of nourishing ingredients, concluding with a soothing massage for revitalized, healthy hair.

€ 45

WELLNESS FOR SCALP, HAIR, BODY, AND SOUL.



Luxurious hair cosmetics based on diamond-filtered water.

This is what SHAZAY stands for like no other brand. With its uniquely designed Hairspa lounge, SHAZAY offers a bespoke indulgence program – the SHAZAY Ritual.

Here, the Diamond Steam Treatment for scalp and hair, the Diamond Dhara, and professional massage techniques combine with high-quality products to create an unparalleled sense of luxury and relaxation.

Powerful SHAZAY formulas provide your scalp and hair with luxurious care, promising pure rejuvenation and profound well-being. Through the perfect blend of science, innovation, and personal well-being, SHAZAY paves the way to a radiant appearance.

THE SHAZAY HAIRSPA EXPERIENCE – YOUR 7 STEPS TO PERFECT HAIR

1. CLEANSING

Your hair is gently cleansed with a specially selected shampoo tailored to your hair type. Whether gentle or deeply nourishing, this step sets the foundation for healthy, radiant hair.

2. DEEP CONDITIONING

After cleansing, your hair receives an intensive treatment with a hair masque designed to deeply penetrate the hair structure, restore moisture, and repair minor damage – perfectly suited to your hair's needs.

3. DIAMOND STEAM TREATMENT

A luxurious steam bath with diamond-filtered water enhances the masque's effectiveness. Afterward, your hair feels soft, silky, and revitalized.

4. DIAMOND DHARA

Experience pure relaxation with our exclusive Diamond Dhara, inspired by Ayurvedic traditions. Gentle streams of diamond-filtered water stimulate your scalp, improving circulation and leaving you feeling deeply relaxed.

5. SCALP CARE

Your scalp is treated with a powerful blend of active ingredients. Vitamins and nutrients strengthen hair roots, encourage hair growth, and prevent hair loss, while soothing elements nourish and revitalize the scalp.

6. HEAD AND NECK MASSAGE

A soothing head and neck massage releases tension and invites you to unwind. This specially developed technique provides an unparalleled spa experience and moments of true relaxation.

7. A SCENTED FINALE

As a luxurious finishing touch, your hair is enveloped in the signature SHAZAY fragrance. Warm, oriental notes blend seamlessly, leaving your hair with an unforgettable aura of elegance.

DISCOVER THE BEST FOR YOUR HAIR IN EVERY STEP AND INDULGE IN A MOMENT OF CARE AND TRANQUILITY.



FIT AND VITAL THROUGHOUT THE DAY IN OUR FITNESS CENTER.

Our high-quality facilities include treadmills, cross-trainers, bikes, free weights, and a weight bench, among others.

Open 24 hours daily.



REFRESH YOURSELF
AT OUR BEVERAGE
STATION WITH
REFRESHING
DETOX WATER
AND A SELECTION OF
HIGH-QUALITY TEAS.

PREPARATION

Please arrive for your treatment wearing a bathrobe, which you can obtain from your room or at the Le SPA reception.

During the treatment, all intimate body parts are covered with towels. We are also happy to provide disposable underwear. We recommend refraining from shaving immediately before a body treatment or peel to avoid redness and irritation. However, for men, we recommend shaving on the day of a facial treatment to achieve the best results.

Please inform the Le SPA staff when booking if you are pregnant or have recently had surgery.

The last treatment is possible an hour before the end of the opening hours.

CANCELLATION POLICY

You can cancel free of charge up to 24 hours before the treatment. Please note that cancellation fees of 90% apply thereafter.

All prices are in Euros and include VAT.



IN THE HEART OF THE CITY

An der Alster 52
20099 Hamburg

T +49 40- 2100 0
info@lemeridienhamburg.com
lespa-hamburg.de

CONTACT PERSON FOR TREATMENTS

Tasia Schmitt-Kast

T +49 176 31599804
buchung.sk@gmail.com

OPENING HOURS

SAUNA

Monday to Friday: 7 am - 10 am, 5 pm - 10 pm
Saturday and Sunday: 7 am - 9 pm

POOL

Monday to Friday: 7 am - 10 pm
Saturday and Sunday: 7 am - 9 pm

Family Time: Daily, 8 am - 6 pm

Fitness Studio: Daily, 24 hours

Treatments: Daily, 10 am - 9 pm